

ELG + Subject Area: EYFS Physical Development + KS1 Physical Education – Basic movements and Team Games

Question-based Learning Project	<u>Intent</u> To know..	'Sticky Knowledge' Interesting Facts EYFS & National Curriculum		Vocabulary
<p>Nursery</p> <p>Outdoor Learning</p> <p>Woodland Wednesdays</p> <p>Weekly PE session with AVSSP Sports Coach</p>	<p>- how to perform basic movements *</p> <p>Team games through daily access to quality physical activities and physical learning in Forest</p> <p>- how to take part in fun sports specific games</p>	<p><i>* Team games help you learn but they are fun too!</i></p>	<p>3-4 years:</p> <p><u>Physical Development</u></p> <p>- continue to develop their movement, balancing, riding & ball skills</p> <p>- start taking part in some group activities which they make up for themselves or in teams</p>	<p>- share, take turns, team</p> <p>- walking, jogging, sprinting</p>
<p>Reception</p> <p>Weekly PE session with AVSSP Sports Coach</p> <p>Outdoor Learning</p>	<p>How to take part in..</p> <ul style="list-style-type: none"> - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket <p>- high quality physical activities</p>	<p><i>* Using a bat and ball helps you to play tennis when you are older</i></p>	<p>Reception:</p> <p><u>Physical Development</u></p> <p>- develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including sports</p> <p>- confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</p> <p>- develop overall body-strength, balance, co-ordination and agility.</p> <p>- further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming</p>	<p>Winning, losing, drawing</p> <p>Passing/dribbling/ scoring</p> <p>Apparatus/ dismount/ mount</p>

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			<p>- develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.</p> <p>ELG Gross Motor Skills</p> <p>- negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>- demonstrate strength, balance and coordination when playing.</p> <p>- move energetically, such as running, jumping, dancing, hopping, skipping and climbing</p>	
<p>Year 1</p> <p>Weekly PE session with AVSSP Sports Coach</p> <p>Outdoor Learning</p>	<p>How to take part in..</p> <ul style="list-style-type: none"> - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket <p>- high quality physical activities</p>	<p><i>* The first World Cup was held in Uruguay in 1930</i></p>	<p>National Curriculum</p> <ul style="list-style-type: none"> - master basic movements including running, jumping, throwing & catching, and begin to apply them in a range of activities - participate in team games, developing simple tactics for attacking & defending <p>AVSSP</p> <ul style="list-style-type: none"> - throw underarm - throw and kick in different ways - perform in competitive sports/activities well a simple understanding of the rules - teach and develop the individual skills for each of the mentioned sports 	<p>Jab/ hook/uppercut Dismount/mount/ parallel/cartwheel/ forwards roll/ routine</p> <p>Forehand/backhand/volley/ serve</p> <p>Bowling/batting/fielding</p>

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<p>Year 2</p> <p>Weekly PE session with AVSSP Sports Coach</p> <p>Outdoor Learning</p>	<p>How to take part in..</p> <ul style="list-style-type: none"> - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket <p>- high quality physical activities</p>	<p><i>* The first Summer Olympics were held in Athens in 1896</i></p>	<p>National Curriculum</p> <ul style="list-style-type: none"> - master basic movements including running, jumping, throwing & catching, and begin to apply them in a range of activities - participate in team games, developing simple tactics for attacking & defending <p>AVSSP</p> <ul style="list-style-type: none"> - use hitting, kicking, and/or rolling in a game - decide the best space to be in during a game - use a tactic in a game - follow rules - play competitively in each of the mentioned sports. - learn and gain knowledge of tactics in sport to help improved performance - develop skills required to perform in each of the sports/themes 	<p>Dismount/mount/parallel/cartwheel/forwards roll/ routine</p> <p>Forehand/backhand/volley/serve</p> <p>Bowling/batting/fielding</p> <p>Jab/ hook/uppercut</p>
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Additional Provision:

Infants – After-School Clubs... AVSSP - Dodgeball; Gymnastics; Archery
Premier Sport – Fencing; Tennis

AVSSP inter-school competitions e.g. KS1 Football Tournament; Multi Sports; Dodgeball