

PSHE Matters Teaching Sequence

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Relationships	Difference and Diversity	Being Safe	Changes	Drug Education	Growing Up
Reception	Exploring Emotions	Being Me	Bullying Matters	Being Responsible	Being Healthy	Money Matters
Year 1	Being Me	Relationships	Changes	Exploring Emotion	Being Healthy	Growing Up
Year 2	Being Safe	Bullying Matters	Drug Education	Money Matters	Being Responsible	Difference and Diversity

The units have been separated into half terms, so that each half term there is a specific focus.

The children are encouraged to participate in activities that promote an understanding of themselves as growing and changing individuals and members of a wider community. These activities are based on first hand experiences and encourage children to understand how their choices and behaviours can affect themselves and others.