

Kilburn Infant & Nursery School

DRUGS POLICY

“All drugs have the potential to harm; but some drugs are more harmful than others. For a small number of people, drugs lead to serious and far reaching consequences, not only for themselves, but their families, their communities and society in general. For children and young people in particular, drugs can impact on their education, their relationships with family and friends and prevent them from reaching their full potential.

All children and young people need to be able to make safe, healthy and responsible decisions about drugs, both legal and illegal. Schools play a central role in helping them to make such decisions....”

Aims & Objectives at Kilburn Infant & Nursery School

Drug education is a major component of drug prevention. The aim of our drugs education teaching is to provide opportunities for pupils to develop their knowledge, skills, attitudes and understanding about drugs and understand the benefits of a healthy lifestyle.

- **Knowledge** - the short & long term effects & risks of drugs
 - the rules & laws relating to drugs
 - the impact of drugs on individuals, families, communities

- **Skills** - to make decisions about keeping themselves safe and healthy
 - to resist pressure from peers
 - to find help and advice
 - to develop self-awareness & self esteem

- **Attitudes** - to explore feelings towards drugs, drug use and drug users
 - to explore media, family and community influences

All of the above will be taught at an age-appropriate level, with further knowledge, skills and attitudes taught from Key Stage Two onwards.

Our definition of ‘drugs’

- Unknown substances and illegal highs
- Alcohol
- Tobacco
- Cannabis, volatile substances e.g. lighter fuel, glue, aerosols, Class A drugs e.g. cocaine, crack, ecstasy, heroin.

Organisation

The majority of 'Drugs education' will be taught through PSHE and Science. However, some aspects will be supported through work delivered in the National Curriculum Framework for PE, and through assemblies.

Staff support children to develop the confidence to talk, listen and think about drugs through the use of the following strategies:

- Class discussion
- Group discussion
- Circle time
- Role play and drama
- Reflection and independent activities

Answering difficult questions

Sometimes an individual child will ask an explicit or 'difficult' question in the classroom. Questions do not have to be answered directly and can be addressed later. Teachers should not be drawn into providing more information than is appropriate to the age of the child.

Curriculum Content

Our curriculum teaching and learning includes all statutory requirements for a drug education programme.

Nursery and Reception

- Make simple choices that can improve health and well-being
- Know what medicines can be unsafe if misused
- Understand all household products can be harmful if not used properly
- Understands what is 'right' and 'wrong' and why
- Can name people who can help us

Year One

- Make choices that are healthy
- Understand cleanliness and good health
- Develop strategies and skills for keeping safe
- Coping in 'peer pressure' situation
- Understand why people take medicines
- Simple rules for medicines
- Distinguish what is safe/unsafe to put onto and into their bodies
- Learn simple rules about medicines and household products
- Understand factors that can influence choices/decisions
- Understand that effective rules can make them feel safe/happy
- Name people who can help us and know how to ask for help

Year Two

- Make choices to be healthy
- Understand what may influence choices

- Understand cleanliness and good health
- Develop rules to keep safe
- Develop their own self-esteem and confidence
- Understand that they have a choice in making good/bad decisions
- Develop skills of assertiveness
- Understand that medicines can be harmful if used incorrectly
- Develop skills to stay safe around household substances
- Understand 'peer pressure'
- Develop awareness of 'right' and 'wrong'
- Know people who can help us and know how to ask for help
- Science 'Health + Growth': Drugs + Medicines

Managing Drug Related Incidents

Drug related incidents are likely to involve suspicions, observations, disclosures or discoveries e.g.

- a child demonstrates through actions or role play, an inappropriate level of knowledge of drugs for their age
- a child, parent/carer or staff member is thought to be under the influence of drugs
- drugs or associated items are found on school premises
- a child discloses that they, or someone they know, are misusing drugs

In all instances, drug related incidents will be reported to the Head teacher, who will decide on a range of responses. This may include requesting medical help, contacting support agencies e.g. LA Starting Point – talking with pupils/parents, withdrawing permission for a parent/carer to be on school premises, or contacting the police.

The Head teacher will make a full written report of every incident, and keep in a secure area to comply with the requirements of the Data 1998.(Use & Access) Act 2025.

Disposing of Injecting Equipment

Any injecting equipment found on the school premises e.g. needles, syringes, spoons or filters, may carry blood borne viruses, and must be handled with extreme caution. If staff find discarded injecting equipment they must:

- Secure the area
- Inform the Headteacher who will make appropriate arrangements

Medicines Policy

The school has a 'Medicines Policy' which is available on request, and further information can be found in our school booklet.

Working with Parents

We value the important role parents/carers play within our school community and are committed to ensuring they:

- are informed about the drug education programme – via our school booklet
- are given a copy of our 'Drugs Policy' on request

- have access to information and support for giving up smoking, via leaflets in our Reception area

Equal Opportunities

All teaching and non-teaching staff at our school are responsible for ensuring that all pupils irrespective of gender, ability, ethnicity and social circumstances, have access to the whole curriculum and opportunities to make the greatest progress possible in all areas of the curriculum whilst at our school.

We also recognise the importance of respecting the diverse family circumstances that exist within our school community, and seek out resources to reflect these e.g. single parent families, same sex families, disabled parents etc.

Confidentiality

Teaching and non-teaching staff will conduct drugs education in a sensitive manner and in confidence. However, if a child makes reference to being involved, or likely to be involved in a drugs related activity, then the adult will take the matter seriously, and inform the Head teacher who will deal with it as a child protection issue.

The child will be informed that confidentiality is breached and the reason why. The child will be supported by staff appropriate to the child, teacher or non-teaching staff throughout the process.

Special Needs

All children with special needs receive drugs education. Teachers may need to be more explicit and plan work in different ways in order to meet the individual needs of the children with special educational needs.

Links with additional school policies

All policies of Kilburn Infant & Nursery School are reviewed and adopted by the Governing Body on a three-year cycle. All policies are available to view on request to the Head teacher, and some policies are sent out annually to parents/carers.

Many policies, practices and procedures are inter-related, including:

Accessibility; Administering Medicines; Admissions; Anti-bullying; Arts; Asthma; Assessment; Attendance; Behaviour Principles; Breast Ironing; British Values; CCTV; Charging; Child on Child abuse; Child Protection; Code of Conduct; Complaints; Confidential Reporting Code; Critical Incident Plan; Curriculum; Data Protection; Debt Management; Disciplinary Procedure for School Staff; Dinner Money; Disability; Drugs; Educational Visits; Exclusion; External Contributors; Extremism & Radicalisation; EYFS; First Aid; Financial Regulations; Financial Procedures; Food; Freedom of Information; Governors' Expenses; Grievance; Health & Safety; Homework; Home + School Agreements; Intimate/Personal Care; IT & Disaster Recovery; Lockdown Procedures; Looked After Children; Managing Allegations; No Smoking; Online Safety; Pay; PSHE; Physical Intervention; Promoting British Values; Protected Characteristics; Private Fostering; Recruitment; Redundancy; Relationships: Relationship, Sex & Health (RSHE); School Privacy Notice; School Travel Plan; SEN; SMSC; Statement of Internal Control; Stress Management; Supporting Pupils with Medical Conditions; Teacher Appraisal;

Uniform & Appearance; Vexatious Complaints; Violence; Violent & Abusive Visitors; Zero Tolerance

Dissemination, Responsibility & Reviews

All relevant members of staff and the school community will receive a copy of this policy. Policy reviews/amendments will include statutory changes, and school community feedback and ideas.

The Headteacher and relevant staff will keep up to date with developments in this area by attending all relevant training, accessing literature, and cascading information to the school community.

J. Baillie
Head teacher

Policy reviewed by Governors: **Spring 2026**