

Kilburn Infant and Nursery School Positive Behaviour Plan (Appendix A)

Name:	Class:	Year:
Written by:	Updated on:	To be reviewed:

Proactive Plan	
When I am calm I will...	To keep me calm you can...
My triggers are...	

  

Active Plan	
When I am anxious I will begin to...	To help me calm, you could...

  

Reactive Plan	
When I am in crisis I will...	When I am in crisis, you can help me by...

Rewards	Sanctions