

ELG + Subject Area: EYFS Physical Development + KS1 Physical Education – Basic movements and Team Games

Question-based Learning Project	<u>Intent</u> To know..	<u>'Sticky Knowledge'</u> Interesting Facts EYFS & National Curriculum		Vocabulary
Nursery Outdoor Learning Woodland Wednesdays Weekly PE session with AVSSP Sports Coach	- how to perform basic movements * Team games through daily access to quality physical activities and physical learning in Forest - how to take part in fun sports specific games	<i>* Team games help you learn but they are fun too!</i>	3-4 years: <u>Physical Development</u> - continue to develop their movement, balancing, riding & ball skills - start taking part in some group activities which they make up for themselves or in teams	- share, take turns, team - walking, jogging, sprinting
Reception Weekly PE session with AVSSP Sports Coach Outdoor Learning	How to take part in.. - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket - high quality physical activities	<i>* Using a bat and ball helps you to play tennis when you are older</i>	Reception: <u>Physical Development</u> - develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including sports - confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. - develop overall body-strength, balance, co-ordination and agility. - further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming	Winning, losing, drawing Passing/dribbling/ scoring Apparatus/ dismount/ mount

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			- develop confidence, competence, precision and accuracy when engaging in activities that involve a ball. ELG <u>Gross Motor Skills</u> - negotiate space and obstacles safely, with consideration for themselves and others. - demonstrate strength, balance and coordination when playing. - move energetically, such as running, jumping, dancing, hopping, skipping and climbing	
Year 1 Weekly PE session with AVSSP Sports Coach Outdoor Learning	How to take part in.. - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket - high quality physical activities	<i>* The first World Cup was held in Uruguay in 1930</i>	<u>National Curriculum</u> - master basic movements including running, jumping, throwing & catching, and begin to apply them in a range of activities - participate in team games, developing simple tactics for attacking & defending <u>AVSSP</u> - throw underarm - throw and kick in different ways - perform in competitive sports/activities well a simple understanding of the rules - teach and develop the individual skills for each of the mentioned sports	Jab/ hook/uppercut Dismount/mount/ parallel/cartwheel/ forwards roll/ routine Forehand/backhand/volley/ serve Bowling/batting/fielding

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Year 2 Weekly PE session with AVSSP Sports Coach Outdoor Learning	How to take part in.. - Dodgeball - Archery - Net/Wall games - Striking & Fielding - Athletics - Tennis - Cricket - high quality physical activities	<i>* The first Summer Olympics were held in Athens in 1896</i>	<u>National Curriculum</u> - master basic movements including running, jumping, throwing & catching, and begin to apply them in a range of activities - participate in team games, developing simple tactics for attacking & defending <u>AVSSP</u> - use hitting, kicking, and/or rolling in a game - decide the best space to be in during a game - use a tactic in a game - follow rules - play competitively in each of the mentioned sports. - learn and gain knowledge of tactics in sport to help improved performance - develop skills required to perform in each of the sports/themes	Dismount/mount/parallel/cartwheel/forwards roll/ routine Forehand/backhand/volley/serve Bowling/batting/fielding Jab/ hook/uppercut
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Additional Provision:

Infants – After-School Clubs... AVSSP - Dodgeball; Gymnastics; Archery
 Premier Sport – Fencing; Tennis

AVSSP inter-school competitions e.g. KS1 Football Tournament; Multi Sports; Dodgeball